



New Jersey Sailing School & Charter, Inc.

Pier 281 Marina, 281 Princeton Ave., Bricktown, NJ
(732) 295-3450 (text or voice)

Junior Sailing Program

New Jersey Sailing School & Charter (“NJSS&C”) has been in business since 1984, providing award winning sailing and general boating instruction. Traditionally, we concentrated on adult instruction but our Junior Sailing Program was developed to introduce youth to the life-long learning experiences associated with the love for sailing.

NJSS&C offers weekly sessions that run from 9:am to 3:30 Monday through Friday. We use our own Optimist dinghies so no boat purchase or rental is required. Bathing suits should be worn and every student will be required to bring an approved life-vest (we recommend the Type III vest for comfort and easy on-off. They are available at most boat or sport stores). Also required are shoes that cover the toes, have a hard sole, can get wet and encircle the feet. Since it is necessary to keep your sailor hydrated while in the sun, water bottles are required and should be labeled with the sailor’s name. A hat, sunscreen, sunglasses, and a towel should also be brought each day

On the first day of class, students will be given a swim test that will require the student to swim a short distance and tread water. We need to make sure that the sailors do not panic the first time the boat capsizes. Please make sure that your child has a towel and change of clothes on this day. Once sailing begins, the students will be taught to capsize the boat and right it again. Our program is designed to teach the “FUN”damentals of water safety, basic boat handling, basic seamanship, wind direction, sail trip and basic racing. Students learn through classroom and on-water activities.

Young or old, our students are encouraged to find their niche and explore their potential whether that’s a great sailor, racing skipper, or crew member. The mission of our instructional programs

NJSailingSchool.com info@njsailingschool.com
Admin Offices: 44 Swimming River Road, Lincroft NJ 07738

New Jersey Sailing School & Charter, Inc.

is to provide the sailors the experience and joy of recreational or competitive sailing and to teach the essential elements of safety, seamanship, boat handling, teamwork, sportsmanship and respect for the marine environment.

The NJSS&C Junior Sailing Program is dedicated to ensuring the safety of your child. Our instructors make a point of being immediately accessible to the participants at all times. Our fleet of Optimist boats are well maintained and our safety procedures are strictly enforced. All students are required to wear their life-vests at all times when they are on or near the water. All activities are conducted in group formats with close oversight of the instructors.

The Optimist is a simple, safe boat that a young child can learn to sail and quickly experience self-confidence and success. As they master the techniques of Optimist dingy sailing, they will develop skills that apply to boats of all sizes. Our program includes classroom and on-water activities to accommodate weather conditions. Our basic skills objectives include boat rigging, points of sail, tacking and gybing, knots and rules of the road.

NJSS&C sails the Metedeconk River out of Pier 281 Marina. The conditions on the river are calm with steady breezes ideal for instruction and pleasure sailing. Come with the family and check out our sunset pleasure sails.

We also offer a Racing Program is for the more advanced sailors. This program is conducted separate from the weekly program. Information will be provided during the season. Participation includes entering area regattas and club races. Some races could involve travel from our home marina to regional yacht clubs and sailing locations.

NJSS&C also welcomes clubs and organization for outings and Boy/Girl Scout achievements.

Course Registration and necessary Forms are available at:

<http://njsailingschool.com/juniorprograms>